

## Accessibility Information & About The *Guide*

Ontario and the Kingston Area are working hard in 2015 when it comes to building accessibility. At the mid-point in the 20-year process required by the Accessibility for Ontarians with Disabilities Act, IL Kingston is working hard, too.

*Access Guide Kingston* is part of our commitment to the people of Kingston and Area. It presents key access-related information to major sites in the region.

Accessibility resources online, for Ontario and Kingston ...

- [Kingston Access Services](#) – public transportation
- [The Municipal Accessibility Advisory Committee](#) – City of Kingston
- [Independent Living Centre Kingston](#)
- [Accessibility – Government of Ontario](#)
- [Access Ontario](#) – Accessibility training and consulting
- [The Ontario Building Code](#)
- [The Ontario Human Rights Code](#)
- [Access Ability: Graphic Design](#)
- [Accessibility of Documents and Applications](#)
- [Social Media Accessibility](#)
- [Business Benefits of Accessible Workplaces](#)

- [Economic of Accessibility in Ontario](#)
- [Accessibility Standards for Customer Service](#)
- [International Association of Accessibility Professionals](#)

The Guide is designed for use by people with disabilities and their families, seniors and families with small children, and tourists who experience barriers in daily living.

This *Guide* has been provided in some form since the early 1990s, and over the years has had many partners. Our warmest thanks to all those who have helped build this project.

**Did we miss something?**

**Do you have accessibility information to pass on?**

Let us know at [ilcentrekingston@gmail.com](mailto:ilcentrekingston@gmail.com)!

**And you can always volunteer.**

**It's *your* Independent Living!**

## About Independent Living Centre Kingston

The Centre is a safe, open and compassionate organization made by and for people with disabilities. We provide many resources and general support for individuals, families and the community.

There are lots of resources here – information about services in the community, accessible technology and computers, friends and mentors to assist understanding and disability management. We have a library filled with disability-related and Independent Living materials, free online computers with supported accessibility, a gallery of up-to-date information items from across the community, and informed staff to assist in the meaningful use of resources.

Support is also of many kinds because we assist people in working with a large number of life situations. Income, employment, review of status, living accommodations, accessibility, disability management, transportation, medicines, relationships, peer support, life skills, self-advocacy, social participation, personal finance, volunteering and many more life situations are often the subject of our work with consumers of our services.

Programs at the “IL” Centre include Independent Living Skills, Information and Networking, Peer Support and Community Development. We also offer Self-Managed Attendant Services or “Direct Funding,” a program that makes it possible for people with mobility barriers to employ their own attendants. Our workshop series, supported volunteering, self-exploration through visual art and other projects fill out our services.

Our workshops, always in development, include Healthy Eating, Active Living, Accessibility, Supported Volunteering, Independent Living and Community Information. They are designed to be brief introductions to their subjects and to help individuals begin to use other services at their IL Centre. One-to-one personal supports are key services consumers often use.

Our services are free for individuals with disabilities and their families, confidential and non-judgmental. The organization maintains privacy policies that include online and donor

protection. We always welcome volunteers, mentors and interns. Ask us about joining our board of directors especially if you have a disability.

The IL Centre practices accessibility of many kinds and fully endorses the aims of the Accessibility for Ontarians with Disabilities Act. We extend support for accessibility in the community, offering an access centre that includes an online guide to accessibility at major sites in the region.

Our partners and funders include the United Way KFL&A, The Government of Canada, Ontario Trillium Foundation, Southern Frontenac Community Services, The Centre for Independent Living in Toronto, The Community Foundation for Kingston & Area, The Rotary Club, Treasure Chest Bingo and Independent Living Canada. Our warmest thanks to the many others who have been a real part of our success since 1988.

## **Our Contact Information**

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**And thank you so much  
for joining us in this work!**