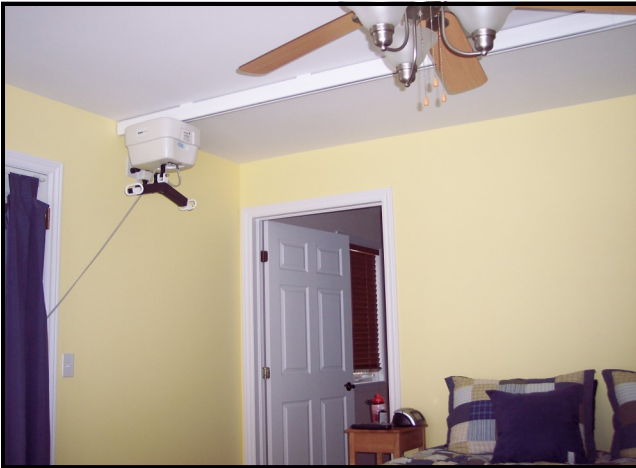




Independent Living Centre Kingston Disability Resources and Support

GENERAL RECOMMENDATIONS



Notice the visible track?
Try having a recessed ceiling track lift installed instead!



Grommets and Rings makes it easier to open/close curtains



Lever Door Handles



Lower controls to comfortable height



Lowered windows

GENERAL RECOMMENDATIONS CON'T



Ensure enough clearance under bed (in case a hoist is needed)



Consider a bookcase headboard for easy access to things like water, remote control. All within arms reach!



Use remote control for different devices in room:
fan,
TV,
air conditioner.



WOODS
Remote Control
can be found at
RONA

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