

Independent Living Centre Kingston Disability Resources and Support

ACCESSIBLE BATHROOM

GENERAL RECOMMENDATIONS

- Non-slip flooring
- Outward opening door
- Roll-in shower (no threshold)
- Wall reinforcement to provide grab bars near toilet and in bath and shower
- Pressure-balanced and temperature regulated faucets
- Easy-to-use faucets (eg. lever type)
- Ensure mirror is usable when standing or sitting
- Adjustable-height shower head
- Ensure height under roll in sink allows for knee clearance



Regular Sink

Roll Under Sink



Height Adjustable Shower Head



Roll In Shower with No Threshold



Lever Handles



Bathroom Grab Bars

OTHER FEATURES TO CONSIDER

- Handheld faucet at sink
- Electrical outlet that is accessible (i.e. front or side of counter)
- Double hinge for door (to allow increased entrance clearing)
- Installing heat lamps (helps regulate body temperature)
- In-floor heating
- Pump on shampoo bottles and mouthwash
- Toothpaste roller
- **Electric** toothbrush









Heat Lamp Installed in Ceiling



Toothpaste Roller



Increase Door Clearance

Independent Living Centre Kingston 540 Montreal St., Kingston, ON K7K 3J2

Ph: 613-542-8353 * 613-542-4783 Email: info@ilckingston.com * Web: www.ilckingston.com